

NATIONAL COMPETITION CAMPS PLAYER REGISTRATION FORM

(Please Print Clearly)

Participant's Name: _____ Age: _____
 Home Address: _____
 City: _____ State: _____ Zip: _____
 High School: _____ Year of Grad: _____
 Ht: _____ Wt: _____ Offensive Pos: _____ Def Pos: _____
 Parent Name(s): _____
 Parent's E-Mail: _____
 Emergency Contact: _____
 Emergency Phone: _____
 Cell Number: _____ Alt Number _____
 Insurance Carrier: _____ Policy #: _____
 T-Shirt Size (circle one):
 M L XL 2XL 3XL

TO BE FILLED OUT COMPLETELY
 FACILITIES USE WAIVER
 National Competition Camps

Waiver of Liability, Assumption of Risk, and Indemnity Agreement Waiver:

In consideration of permission to use, today and on all future dates, the property, facilities, staff, equipment and services of the camp hosted by National Competition Camps, I, for myself, my heirs, personal representatives or assigns, do hereby release, waive, discharge, and covenant not to sue National Competition Camps, its directors, officers, employees, and agents from liability from any and all claims including the negligence by National Competition Camps, resulting in personal injury, accidents or illnesses (including death), and property loss arising from, but not limited to, participation in activities, classes, observation, and use of facilities, premises, or equipment.

 Signature of Parent of Minor Date

 Signature of User Date

NCC Team Football Camp
 PO Box 187
 Santa Margarita, CA 93453
 Phone: (805) 438-4729
 Fax: (805) 438-4729
 Email: mail@nationalcompetitioncamps.com

Assumption of Risks:

Physical activity, by its very nature, carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. Some of the activities provided by National Competition Camps may include, but are not limited to, weight lifting, running, aerobic activities, classes and sporting activities. Some of these involve strenuous exertions of strength using various muscle groups, some involve quick movements involving speed and change of direction, and others involve sustained physical activity which places stress on the cardiovascular system. The specific risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, and sprains to 2) major injuries such as eye injury or loss of sight, joint or back injuries, heart attacks, and concussions to 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand, and appreciate these and other risks that are inherent in the activities made possible by National Competition Camps. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

Indemnification and Hold Harmless: I also agree to INDEMNIFY AND HOLD National Competition Camps HARMLESS from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in a National Competition Camps sponsored event and to reimburse them for any such expenses incurred.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgment of Understanding: I have read this waiver of liability, assumption of risk, and indemnity agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature to be a complete and unconditional release of all liability to the greatest extent allowed by law.

 Signature of Parent of Minor Date

 Signature of User Date



NATIONAL COMPETITION CAMPS PRESENT THE

2009 FOOTBALL CAMP AT SAN FRANCISCO STATE/LOWELL HS



JUNE 21-23, 2009
 AND
 JUNE 24-26, 2009

2009 NATIONAL COMPETITION CAMPS

FOOTBALL CAMP REGISTRATION

(To be completed by the Head Coach or designee)

Camp Registration (please check one):

- Overnight Camp** 6/21/09 to 6/23/09 \$300.00*
- Day Camp** 6/21/09 to 6/23/09 \$125.00*
- Day Camp** 6/24/09 to 6/26/09 \$125.00*

Head Coach: _____ High School: _____
 Email: _____ Address: _____
 City: _____ State: _____ Zip _____
 Office Phone: _____ Cell Phone: _____
 Assistant Phone: _____
 Insurance Carrier: _____ Policy #: _____

Method of Payment (Select One):

- Visa Master Card
 Check (Payable to NCC): # _____ Amount: \$ _____
 Name on Card: _____
 Card Number: _____
 3-Digit Security # (on back of card): _____ Exp: _____
 Signature: _____ Date: _____
 Coaches Shirt Sizes: M _____ L _____ XL _____ 2XL _____ 3XL _____

*Cost is for minimum of 50 players and 10 coaches. Each additional coach for overnight teams will be charged the same cost as a player. A NON-REFUNDABLE deposit of \$1,000 must accompany this application no later than March 15. Full Payment is due by June 1, 2009. A 15% fee will be added to any late payments.

Coach, please note: each player must complete a registration form and must have a signed waiver by a parent/guardian. Registration form and waiver are on the back of this flyer. Please make as many copies as needed.

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PURPOSE OF CAMP

The purpose is to teach each team member the necessary techniques and fundamentals of football, along with your high school's offensive and defensive scheme. Each practice session will end with position specific drills with the guest coaches. Controlled contact scrimmages will take place in evenings as listed on the schedule.

DEPOSIT/REGISTRATION

A non-refundable deposit of \$4,000 is required with this application by March 15 to hold your team's spot. (Due to potential administrative fees charged to us, we cannot make any exceptions on refunds.) The balance of camp cost is due by June 1st. No personal checks will be accepted. Only school district & booster club checks will be accepted.

POSSIBLE ADDITIONAL COSTS

Campers are responsible for any damages to rooms, equipment or facilities. A lost room key will result in a \$25 charge, and a lost meal card will result in a \$10 charge.

REQUIRED EQUIPMENT

Overnight campers must bring their own pillow, blankets, toiletries and personal items. No sheets or towels are provided. Sleeping bags are acceptable. This is a full contact football camp. You must have equipment to participate. If you are unable to attain equipment, you may rent equipment from NCC. Please contact us by June 1st to arrange equipment rental.

*Please label all personal items your with name.

INSURANCE AND MEDICAL CARE

Each camper must be covered by his parent's medical insurance before participating in camp practice. Individual parental consent/insurance waiver forms will be mailed to you upon receipt of \$4,000 deposit. Each camper must have this sheet properly filled out and signed before he can participate in the camp. A full time trainer and assistants are on duty at all times. Medical training facilities are adjacent to the practice fields.

OVERNIGHT CAMP SCHEDULE*

Day 1

2:00 pm	Check in at dorms
4:30 pm to 6:00	Practice - Offense
6:00 pm	Picnic on field
7:00 pm to 8:30	Practice - Defense
9:00 pm	Free time
10:30 pm	Bed Check

DAY 2

7:30 am	Wake up
7:30 am	Breakfast
8:30 am	Coaches meeting
9:00 am to 11:00 am	Practice
12:00 Noon	Lunch
2:30 pm to 4:30 pm	Practice
5:00 pm	Dinner
Controlled Contact Scrimmages	
7:00 pm to 8:30 pm	Practice
1030 pm	Bed Check

Day 3

7:00 am	Wake up
7:00 am	Breakfast
8:30 am to 10:30	Practice
11:00	Lunch
Controlled Contact Scrimmages	
12:00 noon to 2:30 pm	Practice
2:30	Check out of Dorms

COMMUTER CAMP SCHEDULE*

DAY 1

3:15 pm	Check in at Duncan Bldg
4:00 pm	Coaches meeting
4:30 pm to 6:00 pm	Practice - Offense
6:00 pm	Picnic on field
7:00 pm to 8:30 pm	Practice - Defense

DAY 2

9:00 am to 11:00 am	Practice
Noon	Lunch
2:30 pm to 4:30 pm	Practice
5:00 pm	Dinner
Controlled Contact Scrimmages	
7:00 pm to 8:30 pm	Practice

Day 3

8:30 am to 10:30	Practice
11:00	Lunch
Controlled Contact Scrimmages	
12:00 noon to 2:30 pm	Practice

*Schedule subject to change.